

Vermont Mental Health Performance Indicator Project

DDMHS, Weeks Building, 103 South Main Street, Waterbury, VT 05671-1601 (802-241-2638)

MEMORANDUM

TO: Vermont Mental Health Performance Indicator Project
Advisory Group and Interested Parties

FROM: John Pandiani and Sheila Pomeroy

DATE: January 17, 2003

RE: CMHC and Other AOP Services

At its Fall 2002 meeting, the PIP Advisory Group requested a series of reports that compared CMHC and other Medicaid behavioral health caseloads and services in Vermont regions. This is the first in a planned series of reports that will examine the relative contribution of CMHCs and other Medicaid behavioral health service providers.

The attached graphs and table provide the number of individuals served by CMHC Adult Outpatient Programs and other Medicaid service providers in each of Vermont's ten mental health service areas during calendar year 2001. The graphs and table also provide the proportion of all Medicaid enrollees (rate per 1,000 enrollees) who received behavioral care services from each of these service sectors. These findings are based on analysis of two extracts from the EDS Medicaid paid claims database. The CMHC extract includes all CMHC paid claims (including CMHC or VHAP; provider type codes 037 or 040) for adults. Services charged to Substance Abuse, Children's Services, Emergency Services programs (procedure codes Z3-, Z0-, or Z4-), and CRT services are excluded from this analysis. The other provider extract includes all paid claims for provider types "Psychologist" and "Masters Level Psychologist/Counselor" (provider type codes 019 and 030).

As you will see, other Medicaid providers served almost as many clients as CMHCs, statewide, during 2001 (3,028 vs. 3,663). In three regions of the state, however, other providers served more Medicaid clients than the local CMHC. In Southeastern Vermont (HCRS), other providers served more than twice as many clients as the CMHC (961 vs. 453), in Chittenden County (HCHS) other providers served 74% more clients than the CMHC (877 vs. 505), and in Lamoille County (LCMH) other providers served 22% more clients than the CMHC (129 vs. 106).

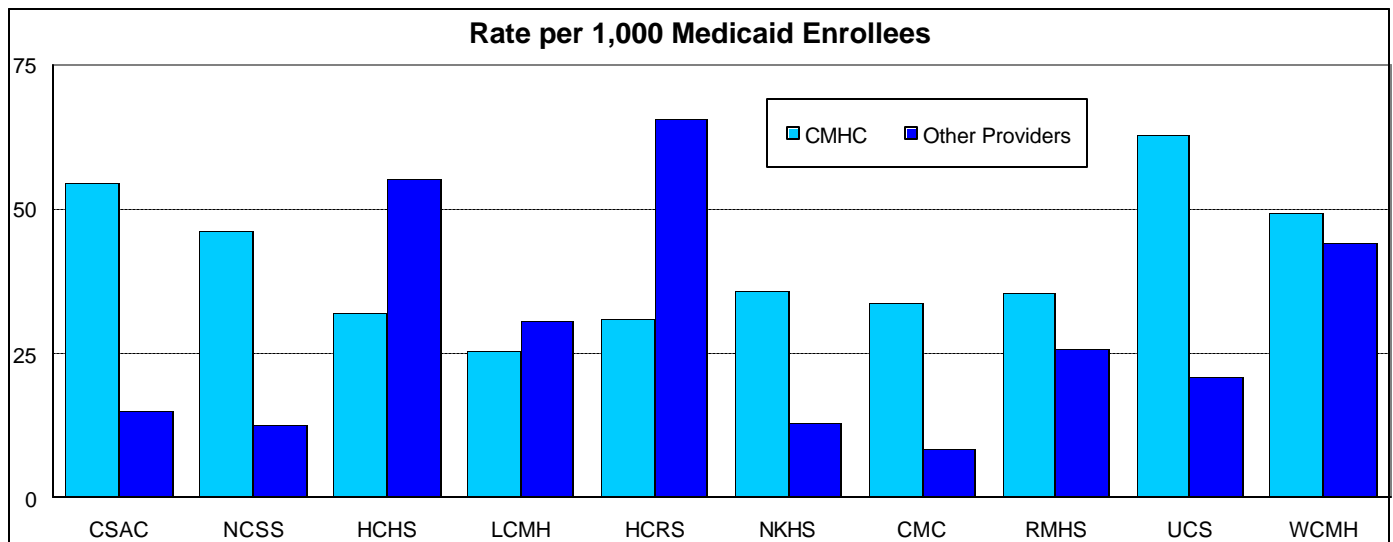
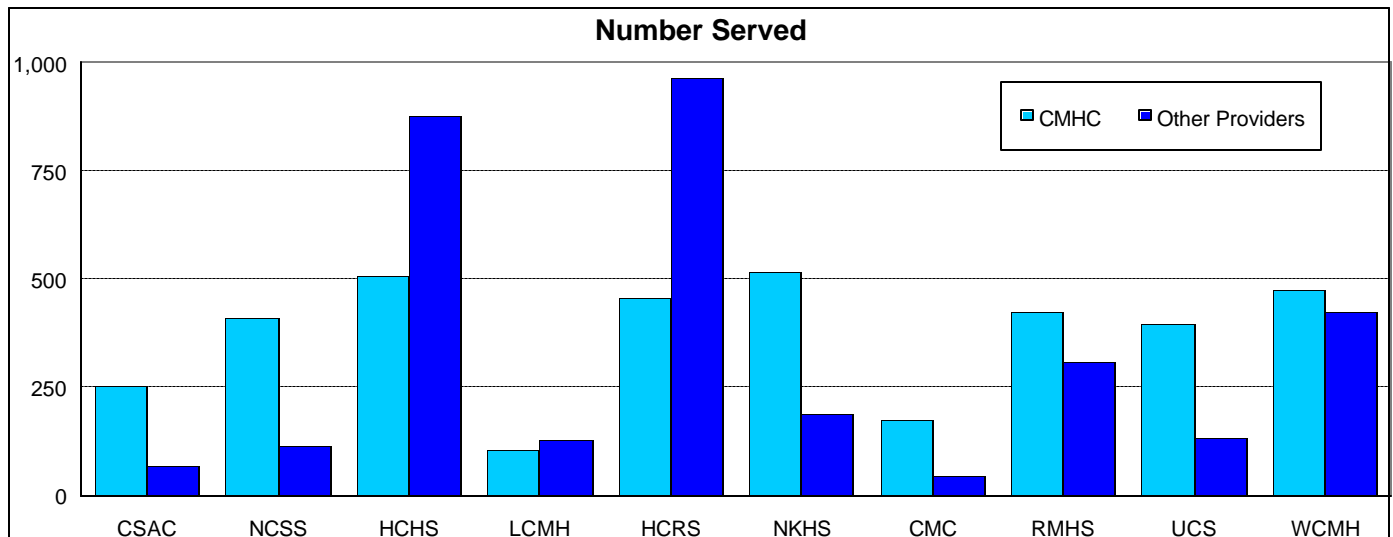
There was also a great deal of variation in the proportion of Medicaid enrollees served by each service sector within regions of the state. Among CMHCs, UCS in Bennington County had the highest utilization rate for Medicaid enrollees (63 per 1,000 enrollees) while LCMH in Lamoille County had the lowest utilization rate (25 per 1,000). Among other providers, Southeast Vermont (HCRS) had the highest utilization rate for Medicaid enrollees (65 per 1,000 enrollees) while Orange County (CMC) had the lowest utilization rate (8 per 1,000).

We look forward to your comments, questions, and suggestions for further analyses regarding CMHC and other Medicaid behavioral health care services in Vermont. As always, you can reach us at pip@ddmhs.state.vt.us or 802-241-2638.

Adults Receiving Medicaid Mental Health Services

CMHC Adult Outpatient Programs and Other Providers

Calendar Year 2001



DDMHS Service Area											
	Statewide	CSAC	NCSS	HCHS	LCMH	HCRS	NKHS	CMC	RMHS	UCS	WCMH
Medicaid											
Total Enrollees	95,682	4,585	8,920	15,880	4,209	14,672	14,389	5,138	11,961	6,307	9,621
Number Served											
CMHC AOP	3,663	250	410	505	106	453	515	173	422	395	475
Other Providers	3,028	69	111	877	129	961	186	43	307	131	424
Rate per 1,000 Medicaid Enrollees											
CMHC AOP	38	55	46	32	25	31	36	34	35	63	49
Other Providers	32	15	12	55	31	65	13	8	26	21	44

Based on analysis of Medicaid paid claims for calendar year 2001 extracted from the EDS database.